

Date		Total Calories	Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (Mg)	Carbs (G)	Sugar (G)	Sodium (Mg)	Fiber (G)	Protein (G)	Base Serving Size Amount
12/2/24	Granola Bites	120	2.0g	0g	0g	0mg	22g	6g	75mg	2g	2g	1 each
12/3/24	Double Chocolate Oatmeal Bar	150	5g	1.0g	0g	0mg	24g	9g	110mg	3g	2g	1 each
12/4/24	WG Cheerios Strawberry Bar	160	3.5g	0.5g	0g	0mg	29g	9g	90mg	3g	2g	1 each
12/5/24	Cinnamon Pop Tarts	170	3g	1g	0g	0mg	37g	15g	120mg	3g	2g	1 each
12/6/24	WG Cocoa Krispies	120	.5g	.5g	0g	0mg	28g	12g	135mg	1g	2g	1 each
12/9/24	Cinnamon Caramel Pastry	210	6g	1.0g	0g	0mg	35g	10g	280mg	2g	5g	1 each
12/10/24	Nutri-Grain Bar	150	3.5g	0.5g	0g	0mg	31g	14g	140mg	3g	2g	1 each
12/11/24	WG Ultimate Breakfast Round	310	10g	3g	0g	5mg	50g	21g	210mg	5g	6g	1 each
12/12/24	Animal Cracker	120	3.5g	1g	0g	0mg	22g	8g	115mg	2g	2g	1 each
12/12/24	cheese stick	60	3g	2g	0g	10mg	0g	0g	200mg	0g	7g	1 each
12/13/24	WG Trix Cereal Bowl	110	1.5g	0g	0g	0mg	23g	6g	160mg	1g	2g	1 each
12/16/24	Graham Cracker	120	4.0g	1.0g	0g	0mg	21g	8g	100mg	1g	2g	1each
12/16/24	cheese stick	60	3g	2g	0g	10mg	0g	0g	200mg	0g	7g	1 each
12/17	Campfire Smore Bar	150	5g	1.5g	0g	0mg	24g	9g	50mg	1g	2g	1 each
12/18/24	WG Golden Grahams Cereal Bar	150	3.5g	0g	0g	0mg	30g	9g	115mg	3g	9g	1 each
12/19/24	WG Fudge Pop tart	170	3g	1g	0g	0mg	36g	15g	120mg	3g	2g	1 each
12/20/24	Chefs Choice											