

# December Grayslake CCSD 46 Breakfast Menu

**Breakfast \$1.85**  
**Milk \$0.60**

## We are Hiring!

You will love the work schedule!  
No nights or weekends!  
Holidays off!

Apply Online at:  
[www.arbormgt.com/careers](http://www.arbormgt.com/careers)

Scan Me To Apply!



### Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*Arbor Management*

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

**White 1% or Skim Milk included w/ meal**

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Apple Muffin Cheese Stick Fruit of the Day 100% Juice Choice of Milk
4	5	6	7	8
Apple Oatmeal Bar Fruit of the Day 100% Juice Choice of Milk	Maple Belgian Waffle Fruit of the Day 100% Juice Choice of Milk	Lemon Blueberry Bites Cheese Stick Fruit of the Day 100% Juice Choice of Milk	Banana Muffin Graham Bear Fruit of the Day 100% Juice Choice of Milk	Cereal Bar Cheese Stick Fruit of the Day 100% Juice Choice of Milk
11	12	13	14	15
Honey Wheat Biscuit w/ Jelly Fruit of the Day 100% Juice Choice of Milk	Mini Powdered Donuts Fruit of the Day 100% Juice Choice of Milk	Banana Bread Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Graham Bear Fruit of the Day 100% Juice Choice of Milk	Strawberry Pop-Tart Graham Bear Fruit of the Day 100% Juice Choice of Milk
18	19	20	21	22
Apple Cinnamon Breakfast Round Fruit of the Day 100% Juice Choice of Milk	Whole Grain Bagel Jelly Fruit of the Day 100% Juice Choice of Milk	Mini Cinnamon Rolls Fruit of the Day 100% Juice Choice of Milk	Blueberry Muffin Cheese Stick Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Graham Bear Fruit of the Day 100% Juice Choice of Milk
25	26	27	28	29
No School	No School	No School	No School	No School

