

November Grayslake CCSD 46 Breakfast Menu

Breakfast \$1.85
Milk \$0.60

We are Hiring!
You will love the work schedule!
No nights or weekends!
Holidays off!
Apply Online at:
www.arbormgt.com/careers
Scan Me To Apply!



Arbor A+ Nutrition Mission

To serve students daily:


- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!




For more information or to "Ask the Dietitian", check out our website!

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Banana Bread Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Graham Bear Fruit of the Day 100% Juice Choice of Milk	Strawberry Pop-Tart Graham Bear Fruit of the Day 100% Juice Choice of Milk
6	7	8	9	10
Apple Cinnamon Breakfast Round Fruit of the Day 100% Juice Choice of Milk	Whole Grain Bagel Jelly Fruit of the Day 100% Juice Choice of Milk	Mini Cinnamon Rolls Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Graham Bear Fruit of the Day 100% Juice Choice of Milk	No School
13	14	15	16	17
Strawberry Oatmeal Bar Fruit of the Day 100% Juice Choice of Milk	Blueberry Belgian Waffle Fruit of the Day 100% Juice Choice of Milk	Crunch Mania Fruit of the Day 100% Juice Choice of Milk	Berry Bread Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Cheese Stick Fruit of the Day 100% Juice Choice of Milk
20	21	22	23	24
Cinnamon Mini Bagels Fruit of the Day 100% Juice Choice of Milk	Mini Chocolate Donuts Fruit of the Day 100% Juice Choice of Milk	No School	Happy Thanksgiving! 	No School
27	28	29	30	
Whole Grain Bagel Jelly Fruit of the Day 100% Juice Choice of Milk	Choc Chip Breakfast Round Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Graham Bear Fruit of the Day 100% Juice Choice of Milk	Benefit Bar Fruit of the Day 100% Juice Choice of Milk	

White 1% or Skim Milk included w/ meal

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.

